RIGBY HALL SCHOOL



3 WEEK MENU CYCLE

week
One
8 th April
20th April

29th April 29th April 20th May 17th June 18th July

BBQ chicken pizza with cheese and beans

OR
Jacket potato with cheese
and beans

Dessert of the day

Chicken curry with rice and naan OR

Quorn and tomato pasta and bread

Dessert of the day

Roast pork and apple sauce with boiled potatoes, cauliflower and carrots

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Vegetable sausage with boiled potatoes, cauliflower and carrots

Dessert of the day

Lasagne and wedges with coleslaw

OR Cheese toastie with coleslaw

Dessert of the day

Fish fingers with chips and beans

OR

Veggie burgers with chips and beans

OR

Rigby Sub

Dessert of the day

Week Two

15th April 6th May 3rd June 24th June 15th July

Sausage, hash browns and sweetcorn

OR
Veggie sausage and cheese
pasta with sweetcorn

Dessert of the day

Beef and tomato pasta with bread OR

Jacket potato with cheese and beans

Dessert of the day

Gammon with roast potatoes, broccoli and swede

OR

Quorn breast with roast potatoes, broccoli and

swede

Dessert of the day

Chicken strips, waffles with salad OR

Macaroni cheese with salad

Dessert of the day

Tuna, sweetcorn pasta with

potato balls and peas
OR

Pizza with potato balls and

peas

OR Rigby Sub

Dessert of the day

Week Three

22nd April 13th May 10th June 1st July

Sweet & sour chicken and rice crackers OR

Cheese and tomato pasta bake and bread

Dessert of the day

Sausage rolls, diced potatoes with beans

OR

Cheese and potato pie with beans

Dessert of the day

Cottage pie with sweetcorn and peas

OR

Quorn and vegetable pie and mash with sweetcorn and peas

Dessert of the day

BBQ chicken and wedges with coleslaw

OR

Jacket potato with cheese and coleslaw

Dessert of the day

Fishcakes with boiled potatoes and salad

OR

Boiled egg with boiled potatoes and salad

OR

Rigby Sub

Dessert of the day



All meals are priced at £2.30 which includes a dessert. Meals should be paid for via Arbor. All menus comply with new food school standards. Should your child have any dietary needs please contact the school kitchen. Ham or cheese sandwiches will be available daily. Fresh fruit and yoghurt alternatives are offered as an alternative to the daily sweet choice. Menu changes due to unavoidable circumstances will be minimal.

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